

Health Matters

LOUISVILLE METRO



*"To protect, preserve
and promote the health,
environment and well-being
of the people of Metro
Louisville."*

Volume 2, No. 8
Winter 2010



LOUISVILLE METRO PUBLIC HEALTH AND WELLNESS

Public Health and Wellness Conducts Epic H1N1 Immunization Campaign

The current campaign of the Department of Public Health and Wellness to protect the community from H1N1 influenza is the department's most massive in recent memory.

The department has directly immunized more than 78,000 children and adults at public and school clinics and had distributed another 230,000 doses to 351 hospitals and health care providers throughout the community.

The Papa John's Cardinal Stadium drive-through and walk-in clinics on November 11 and 12 distributed more than 19,000 immunizations and may have set the Guinness World record for the most immunizations given on a single day on November 11th.

This gargantuan effort was made possible by partnering with the University of Louisville to hold the event and by the more than 400 volunteers from the U of L School of

Nursing, the U of L School of Public Health and Information Sciences, the Bellarmine School of Nursing, the Medical Reserve Corps and the Red Cross.

Public immunization clinics have also been held at the at Mount Zion Baptist Church, the Highview, Middletown and Pleasure Ridge Park fire stations as well as at several metro government sites.

Public Health and Wellness also embarked on its most ambitious school immunization campaign since the Salk Vaccine Trials of the 1950s. Each student in Jefferson County Public Schools - the 90 public elementary schools, 24 middle schools and 21 high schools plus each student in the community's 39 parochial elementary schools and eight parochial high schools - as well as students in other private schools, were given the opportunity to get an H1N1 immunization.

Between November 30 and December 18, nurses and support staff went to at least 10 schools each weekday to give H1N1 immunizations to students and staff. The immunizations were voluntary and free. Norton Health Care contributed to the monumental undertaking by providing 25 nurses and 10 support staff each day.



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Guinness World
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More than 50,000 students and school staff were immunized during the three-week school vaccination campaign. Immunization rates ranged from between one-third to more than one-half the student enrollment at each school.

Louisville Metro Public Health and Wellness's has now opened up H1N1 immunizations to the general public without restrictions. Immunizations are available at four clinic sites by appointment. Phone 574-6520 for a site near you.

Board of Health Advocates Trans Fat Ban

Recommendations to the Metro Council Expected Soon

On February 3 the Louisville Metro Board of Health unanimously accepted a task force report that would ban the use of artificial trans fat in Louisville restaurants, schools and bakeries. Public Health and Wellness Director, Dr. Adewale Troutman, will now make recommendations based on the task force report to the Metro Council in the next few weeks.

The task force report grew out of a request to the Department of Public Health and Wellness from the Metro Council to study the issue of artificial trans fat, to educate the public, and to report back to the Council on possible options to protect Louisville citizens from trans fat in their food.

The Board of Health also conducted two community forums in October. The first part of each of the forums sought to educate the public about the scientific data on the dangers of consuming foods

with artificial trans fat. Dr. Walt Sobczyk of the University of Louisville reviewed the health consequences of consuming food with artificial trans fat and Dr. Karen Cost reviewed what other communities have done to protect their citizens. During the second part of each forum, those in attendance expressed their opinions on what exactly our community should do to protect Louisville citizens.

The forums also included a survey asking what attendees thought should be done to limit artificial trans fat in Louisville. People attending the community forums favored a ban on artificial trans fat in Louisville eating establishments by a more than two-to-one margin.

The consumption of foods containing artificial trans fat has been linked to heart attack, stroke and diabetes. Such foods include french fries and other

fried foods, crackers as well as baked goods such as donuts and cakes. All of these foods can be prepared using trans fat-free substances. There is no safe level of artificial trans fat consumption.

According to the New England Journal of Medicine, elimination or near-elimination of trans fat from our foods could eliminate 72,000 to 228,000 heart attacks in America every year. This translates to preventing more than 400 heart attacks in Louisville annually with a health care savings of more than \$22 million. Many cities such as New York City are now restricting the use of artificial trans fat in food preparation. Learn more at www.transfatfreelouisville.com.





New Asthma Initiative Begins

Metro Public Health and Wellness is launching a new children's and family's asthma initiative for areas of west and southwest Louisville.

The asthma initiative will focus on education and case management. A newly hired asthma educator will hold "Asthma Clinic Days" at Family Health Centers to educate the families of children who have been diagnosed with asthma on how to keep asthma under control. The initiative will also conduct asthma education at worksites and in the schools.

"I am looking forward to working with families to help better control asthma in their children and to increase asthma awareness in the community" said asthma educator Sharri Anderson.

The case management aspect of the initiative will work with 50 – 100 families each year. Case managers will go into the homes educating parents about asthma and the various triggers of the disease. The initiative will provide materials

such as mattress covers and roach traps to the families. Case managers will also make sure that their clients with asthma have access to medications and to appropriate social services.



The new asthma initiative is an outgrowth of the Community Health Screening Project which provided a battery of free health screenings to 2,407 west and southwest Louisville residents in 2007.

Nearly one fourth (22.3%) of those participating in the Community Health Screening Project either reported having respiratory disease or had an abnormal spirometry result and nearly 15% reported having asthma. Research has shown that aggressive health interventions can make a significant impact in the lives of children and adults with asthma.

Kentucky Reaches Children's Health Insurance Enrollment Goal

Kentucky is reaching its goal of enrolling an additional 35,000 children across the state into the Kentucky Children's Insurance Program (KCHIP) six months ahead of schedule. As of November, more than 32,000 children had already been enrolled.

KCHIP provides quality health insurance for the children of lower-income parents who make too much to qualify for Medicaid. For example, of family of four can earn as much as \$44,100 annually and qualify for KCHIP. The program provides free or low-cost insurance that covers doctor visits, dental care, inpatient and outpatient hospital services, vision exams, lab tests and x-rays, prescription drugs and much more.

In October 2008, Governor Steve Beshear launched an initiative to expedite KCHIP enrollment with the goal of signing up an additional 35,000 children by summer 2010. The initiative simplified the application process and increased outreach efforts. A key part of the simplification process was to make KCHIP applications available online and to do away with the requirement for a face-to face interview.

You owe it to your children to see if they
qualify for KCHIP insurance.
Phone 1-877-524-4718



Kentucky Children's Health Insurance Program

"Active Steps" Helps People with Diabetes

The Department of Public Health and Wellness is teaming up with Bellarmine University's Doctor of Physical Therapy program to help people with diabetes become more physically active through *Active Steps for Diabetes*.

Research has shown it is important for people with diabetes to engage in physical activity on a regular basis. However, they often find exercise difficult because of other conditions such as arthritis or obesity. *Active Steps for Diabetes* helps to overcome these barriers. Sessions are

led by a licensed physical therapist and include individually tailored exercises as well as blood pressure and blood glucose monitoring.

Active Steps for Diabetes sessions are held on Tuesdays and Thursdays at the Park DuValle Community Health Center.

The Department of Public Health and Wellness also continues to offer a free diabetes self-management class series and a diabetes support group. For more information, phone 574-6663.



From The Director's Desk

By Adewale Troutman, MD, MPH, MA



In December 2007, the Louisville Metro Council adopted a resolution directing the Department of Public Health and Wellness to educate the community on the health effects of consuming food with artificial trans fat. The Council further directed the Department of Public Health and Wellness to review the issue for appropriate regulatory action, if any.

Since then the Department and the Board of Health have been hard at work in response to the Council's directive.

We convened a stakeholders group comprised of members of the food service industry, the medical community, advocacy organizations and the general public. We also established a work group that studied the scientific literature on artificial trans fat and reviewed what other cities, states and countries have done to limit or eliminate artificial trans fat in their respective jurisdictions. In October, the Board of Health conducted two community forums on the issue.

In addition, two editions of our Health Matters TV show were devoted to the trans fat issue and featured interviews with experts. We have also developed and distributed educational materials and established a website – www.transfatfreelouisville.com

There are two key points that the public should understand about artificial trans fat. The first is that objective scientific evidence unambiguously indicates that consumption of artificial trans fat sharply raises the risk of heart disease and stroke, even when consumed in amounts as small as 2 grams per day.

Elimination or near-elimination of artificial trans fat in Louisville would lead to more than 400 fewer heart attacks in our community every year and a health care savings of more than 22 million dollars. This savings counts only health care dollars. It does not take into account the additional cost of lost wages and productivity.

The second point is that artificial trans fat is not necessary in food preparation - even in the preparation of fried foods or bakery goods. Artificial trans fat is not used because it improves the taste or quality of the food, but because it gives food a longer shelf life and is believed to be less expensive.

Replacement oils and other trans-fat-free products with more healthful overall fatty acid profiles are already available with no noticeable difference in taste. Cooked in trans-fat-free oils, these foods are considerably less unhealthy.

Ensuring safe and healthy dining in public establishments is a crucial part of public health and a way for Louisville to protect the health of its citizens. Any recommendations coming from the Department of Public Health and Wellness and the Board of Health must be based on science and must have guarding the health of the citizens of our community as their primary concern.

After thoroughly studying the issue, the work group prepared a position paper outlining several alternatives that the Metro Council might take to eliminate or limit trans fat use in Louisville. These have been reviewed and accepted by the Metro Board of Health. Soon, I will be making recommendations to the Council on what actions it might take to protect Louisville citizens from the very serious health consequences of consuming foods with artificial trans fat.

Center for Health Equity Awards Grants to Five Organizations

The Center for Health Equity has awarded \$50,000 in grants to five community based organizations. Each organization will receive \$10,000 to fund activities to reduce health inequities in Louisville among people of color and lower socio-economic groups.

“These grants are part of our on-going strategy to reduce health inequities in our community,” said Public Health and Wellness Director Dr. Adewale Troutman. “We are excited to offer these grants which will empower the individuals in these communities to have a real impact in identifying barriers to good health in their neighborhoods and then working toward solutions.”

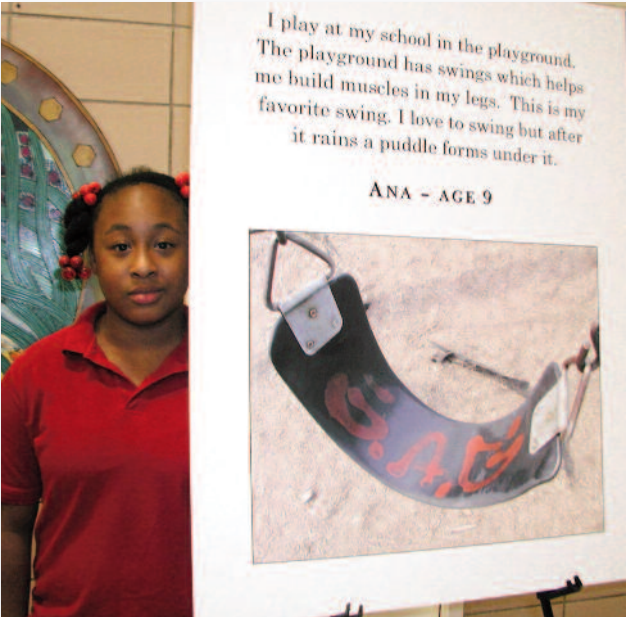
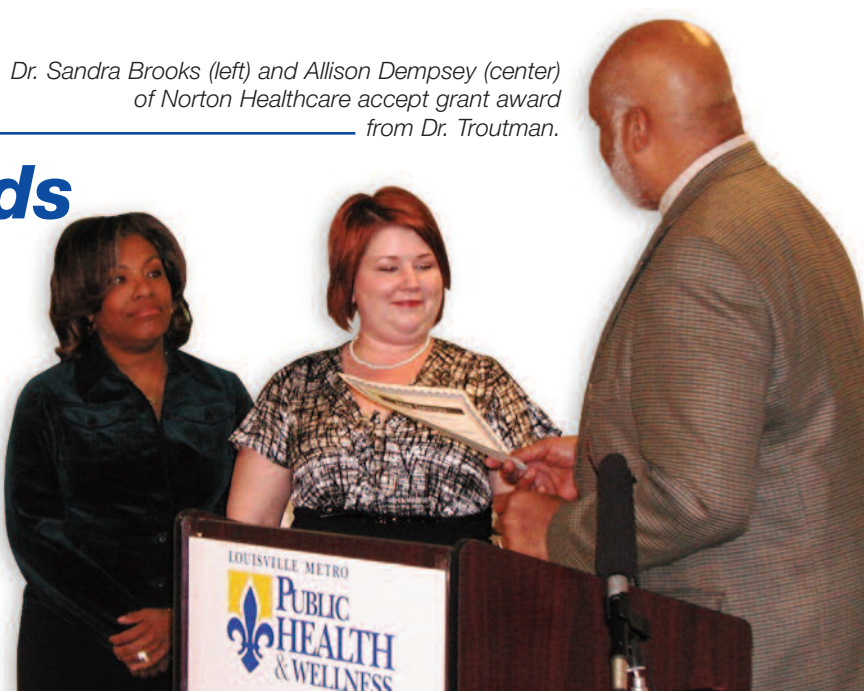
The grant award winners are as follows:

Shawnee Christian Healthcare Center, Inc. Preliminary discussions in that neighborhood have centered on the need for preventive and primary health care.	2NOT1 Fatherhood and Families This project will serve the Russell neighborhood and will involve high school and college students in facilitating community health dialogues.	California Block Club Federation Preliminary discussions in this group have centered on how abandoned houses and neighborhood crime are negatively affecting the image of the California neighborhood preventing needed health resources from coming into the community.	LIFE Institute An emphasis of this project will be diversity in seeking solutions to Portland neighborhood issues. Their community health dialogues will include people of diverse racial and ethnic backgrounds serving as facilitators and participants.	Norton Healthcare in partnership with St. Rita Catholic Church This project will serve the St. Rita/Gilmore community and will actively engage Hispanic/Latino residents to seek solutions to neighborhood issues.
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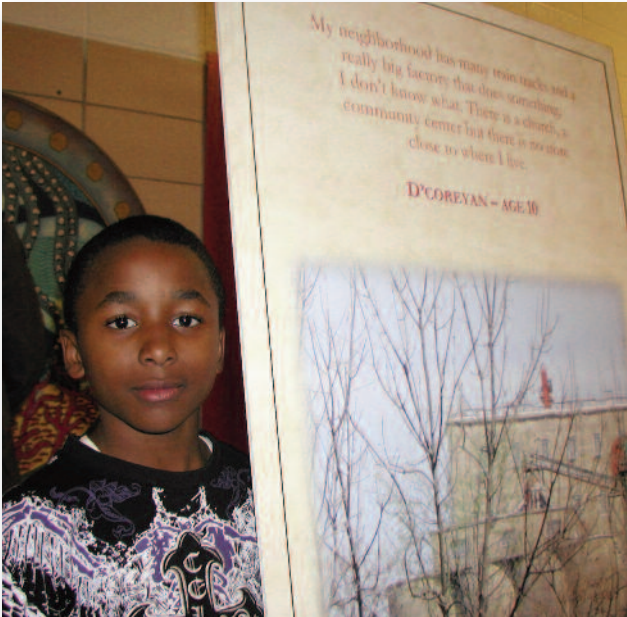
Each organization will conduct health equity dialogues for residents of its community using the Public Broadcasting System series *UNNATURAL CAUSES: Is Inequality Making Us Sick*. The series examines how the social determinants of health – one’s race, economic status or education – can be more powerful predictors of health than genes or lifestyle choices.

Using the health equity dialogues as a springboard for discussion, each group receiving a grant will then do an assessment of their community that identifies barriers to good health for community residents. The grant recipients will also develop action plans identifying specific strategies to improve community health conditions.

These action plans will serve as blueprints for policy change. Staff members of the Center for Health Equity will continue to provide technical support to each of the organizations to do community assessments and to develop action plans.



Anaquishia Simms



D'Coreyan Young



Denzel Dapremont

Digital Story Telling Posters

Digital Story Telling, a project of the Center for Health Equity, puts cameras in the hands of the people often least empowered to affect change - children living in inner city neighborhoods. **Denzel Dapremont, Anaquishia Simms** and **D'Coreyan Young** were among students who took photos and of their neighborhoods that showed barriers to eating healthy and living a more active lifestyle.

Center for Health Equity staff members then worked with the children at the Center’s computer lab to create photo and video projects that the students presented to policy makers with the aim of changing neighborhood conditions. Plans also include putting the posters on TARC buses.

FREE Fitness Classes Offered at Community Centers

Public Health and Wellness and Metro Parks are offering free fitness classes at nine community centers throughout the area. The classes began January 4 and are being taught by certified fitness instructors. The new initiative continues the goals set forth by the Mayor’s Healthy Hometown Movement, which encourages Louisville citizens to become more physically active and to eat healthy. Class times, descriptions, sites and contact information are listed below.

For more information and for bios of the instructors, visit www.louisvilleky.gov/MetroParks/communitycenters/fitnessclasses.htm

- Baxter Community Center** - 1125 Cedar Court 40203
Group Exercise - Wed: 7-8 pm - 574-2670
www.louisvilleky.gov/MetroParks/communitycenters/baxter.htm
- Allgeier Community Center** - 4101 Cadillac Ct. 40213
Group Fitness - Tues/Wed/Thurs: Noon-1 pm
Senior Fitness - Tues/Thurs: 11 am-Noon - 456-3261
www.louisvilleky.gov/MetroParks/communitycenters/allgeier.htm
- Dumeyer Community Center** - 1644 Squires Drive 40215
Group Fitness - Wed: 10:30-11:30 am Wed: 3-4 pm
366-9206
www.louisvilleky.gov/MetroParks/communitycenters/dumeyer.htm
- Park Hill Community Center** - 1703 South 13th St. 40210
Group Fitness - Wed: 5:30-6:30 pm - 637-3044
www.louisvilleky.gov/MetroParks/communitycenters/parkhill.htm

- Portland Community Center** - 640 North 27th Street 40212
Group Fitness - Thurs: 6-7 pm - 776-0913
www.louisvilleky.gov/MetroParks/communitycenters/portland.htm
- Shelby Park Community Center** - 600 East Oak St. 40203
Power Yoga - Tues, Thurs: 6-7 pm - 574-1780
www.louisvilleky.gov/MetroParks/communitycenters/shelby.htm
- South Louisville Community Center** - 2911 Taylor Blvd. 40208
Group Fitness - Tues: 5-6 pm, Thurs: 6-7 pm - 574-3206
www.louisvilleky.gov/MetroParks/communitycenters/southlouisville.htm
- Southwick Community Center** - 3621 Southern Ave. 40211
Group Fitness - Tues: 7-8 pm - 775-6598
www.louisvilleky.gov/MetroParks/communitycenters/southwick.htm
- Wilderness Road Senior Center** - 8111 Blue Lick Road 40219
Sedentary Fitness - Mon & Wed: 9-9:30 am - 964-5151
www.louisvilleky.gov/MetroParks/recreation/seniors.htm



Men's Health Initiative Begins

Barbershop Health Sessions Bring Screenings to Men



The Department of Public Health and Wellness has established a Men's Health Initiative. The purpose of the initiative is to motivate men to take a proactive role in attending to their health.

According to a 2007 U.S. Department of Health and Human Services report, men are more likely than women to avoid healthcare – especially preventive healthcare until the need is imperative. During a recent focus group on men's health, men in Louisville confirmed this national trend. The men in the focus group said that they seek healthcare when their health is in crisis such as when they find blood in their urine or are in severe pain.

One of the first projects undertaken by the Men's Health Initiative has been a series of barbershop health sessions. The sessions included free blood pressure and glucose screenings provided by Norton Healthcare, discussion and information on men's health issues, door prizes and chances to win free hair cuts.

"Men rarely go to the doctor," said Public Health and Wellness director Dr. Adewale Troutman. "We are seeking creative ways to engage men in not only taking responsibility for their health but we're also seeking to learn about the social conditions that can lead to negative health outcomes. What better place to go to connect with men than the local barbershop."



Dr. Troutman Elected to APHA Board

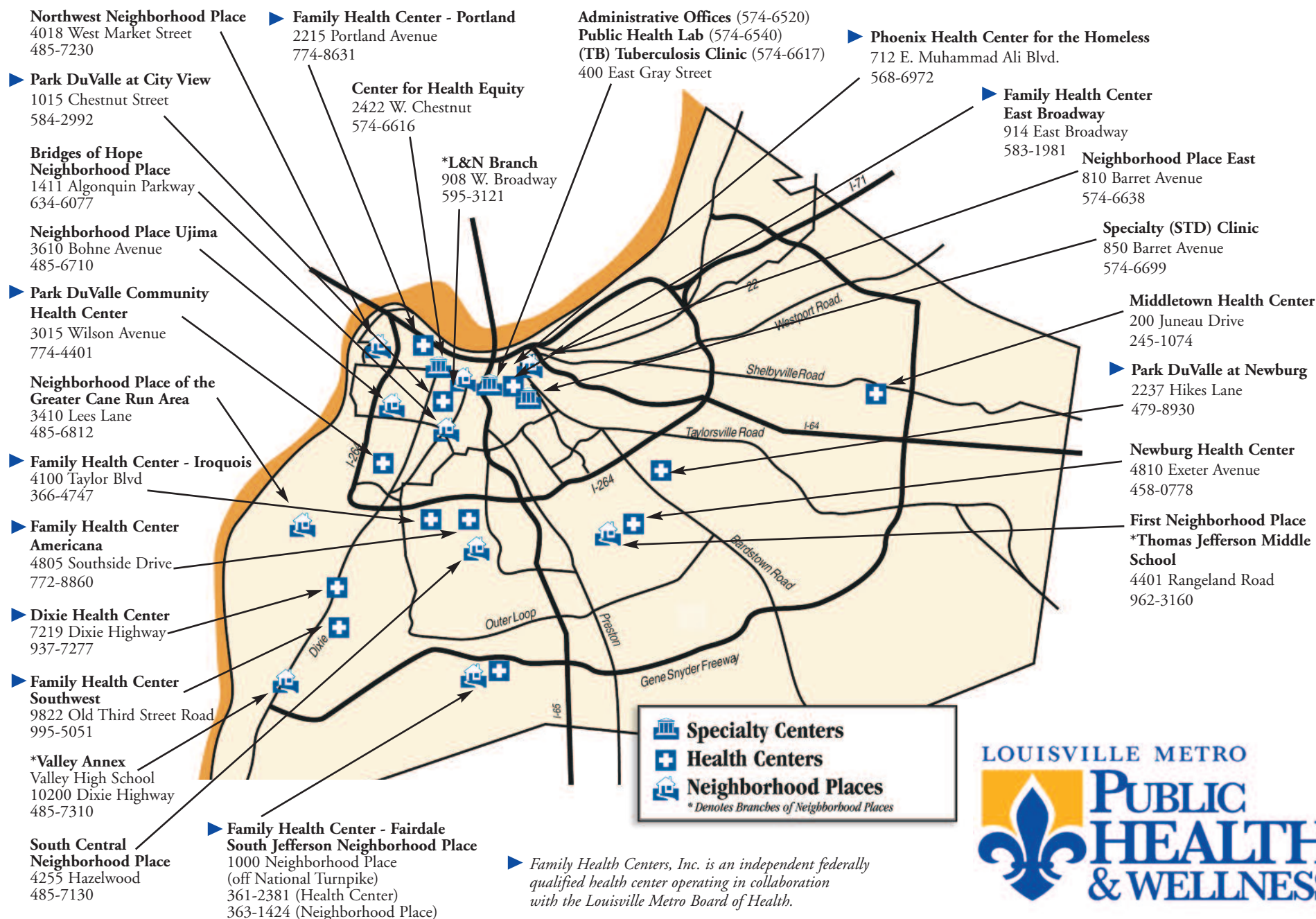


Metro Public Health and Wellness director Dr. Adewale Troutman has been elected the Executive Board of the American Public Health Association (APHA). Dr. Troutman's term will run to November 2013.

Established in 1872, APHA is the oldest and most diverse organization of public health professionals in the world. APHA represents a

broad array of health professionals and others who care about the health of their communities. The organization builds a collective voice for public health, working to ensure access to health care, protect funding for core public health services and eliminate health disparities.

Public Health & Wellness Department, Family Health Center and Neighborhood Place Sites



Health & Wellness Schedule

DIABETES: SELF-MANAGEMENT SERIES

Call 574-6663 to register!

This is a (4) session series taught by Certified Diabetes Educators.
Attendance at all sessions in a series is strongly encouraged.
Please arrive at least 15 minutes early for the first class.
The Diabetes Series is FREE!

Southwest Regional Public Library - 10375 Dixie Highway

Thursdays – 1:00pm to 3:30pm

- Thursday, Feb. 4th: Diabetes Types, High and Low Blood Sugar, Sick Days
- Thursday, Feb. 11th: Diet and Exercise
- Thursday, Feb. 18th: Diabetes Pills, Insulin, Preventing Complications (Pt 1)
- Thursday, Feb. 25th: Preventing Complications (Pt 2), Foot & Skin Care
Glucose Monitoring & Standards of Care

Fairdale Library - 10616 W. Manslick Road

Monday – 5:00pm to 7:30pm

- Monday, March 8th: Diabetes Types, High and Low Blood Sugar, Sick Days
- Monday, March 15th: Diet and Exercise
- Monday, March 22nd: Diabetes Pills, Insulin, Preventing Complications (Pt 1)
- Monday, March 29thth: Preventing Complications (Pt 2), Foot & Skin Care
Glucose Monitoring & Standards of Care

Family Health Center-Portland - 2215 Portland Avenue

Wednesday – 1:00pm to 3:30pm

- Wednesday, April 7th: Diabetes Types, High and Low Blood Sugar, Sick Days
- Wednesday, April 14th: Diet and Exercise
- Wednesday, April 21st: Diabetes Pills, Insulin, Preventing Complications (Pt 1)
- Wednesday, April 28th: Preventing Complications (Pt 2), Foot & Skin Care
Glucose Monitoring & Standards of Care

DIABETES SUPPORT GOUP

No charge to attend and no registration is required.

A partnership with the Jefferson County Cooperative Extension Service
and the Louisville Metro Public Health & Wellness Diabetes Program.
For people who have diabetes and their family and/or caretakers.

Park DuValle Community Health Center

3015 Wilson Ave. - 2nd Thursday of Every Month - 9:30am to 11:00am

- January 14th: Medications, What You Need to Know
- February 11th: Winter Soups
- March 11th: Dietary Fats: Friend or Foe?
- April 8th: Getting the Most Nutrients Out of Vegetables

ACTIVE STEPS FOR DIABETES

A program of physical activity for people with diabetes who may find it
hard to exercise. Sessions are led by a licensed physical therapist.

Tuesdays & Thursdays – 11:30 a.m. to 1:00 p.m.
Park DuValle Community Health Center – 3015 Wilson Ave.
Call 574-6663 to register!

EXERCISE

Classes do not require registration. Call 574-6585 for more information on classes.

LOW IMPACT AEROBICS THROUGH SEPTEMBER 2009

Gail Hart, Certified Instructor
Bring Your Own Mat (25 Cents per Class)
Dept. of Public Health & Wellness – 400 East Gray Street (FORUM)
Tuesdays & Thursdays - 5:00pm to 6:00pm

TAI CHI CLASSES

FREE Classes - Dept. of Public Health & Wellness - 400 East Gray Street (FORUM)
Mondays & Wednesdays - 5:30pm to 7:00pm

COOPER CLAYTON STOP SMOKING CLASSES



This program addresses all aspects of smoking and uses nicotine replacement
therapy during 13 weekly, one-hour educational sessions. Registration is required.

Begins March 2, 2010
Tuesdays from 12:00pm to 1:00pm
Kentucky Cancer Program
Med Center One
501 E. Broadway, 1st Floor

Begins April 1, 2010
Thursdays from 12:00pm to 1:00pm
Louisville Metro Public Health & Wellness
400 East Gray Street

Begins April 5, 2010
Mondays from 6:00pm to 7:00pm
Jewish Medical Center South
1905 W. Hebron Lane #103
Shepherdsville, KY

Begins April 8, 2010
Thursdays from 6:00pm to 7:00pm
Family Health Center Portland
2215 Portland Avenue

Begins April 12, 2010
Mondays from 10:00am to 11:00am
Wilderness Road Senior Center
8111 Blue Lick Road

Begins April 14, 2010
Wednesdays from 11:00am to Noon
Norton Suburban Hospital
Medical Plaza II, Suite 400
Cancer Prevention & Resource Center
3991 Dutchmans Lane

FREE FITNESS CLASSES OFFERED AT NINE COMMUNITY CENTERS

Public Health & Wellness and Metro Parks are offering free fitness classes at nine
community centers throughout the area. The classes began January 4 and are
being taught by certified fitness instructors. For more information and for bios of
the instructors visit the website
www.louisvilleky.gov/MetroParks/communitycenters/fitnessclasses

Baxter Community Center
1125 Cedar Court (40203)
Group Exercise, Wednesday 7pm-8pm.
574-2670

Cyril Allgeier Community Center
4101 Cadillac Court (40213)
Group Fitness, Tues./Wed./Thurs.
Noon-1pm
Senior Fitness, Tues./Thurs. 11am-Noon
456-3261

Dumeyer Community Center
1644 Squires Drive (40215)
Group Fitness, Wednesday
10:30am-11:30am and 3pm-4pm
366-9206

Parkhill Community Center
1703 South Thirteenth Street (40212)
Group Fitness, Thursday 6pm-7pm
776-0913

Shelby Park Community Center
600 East Oak Street (40203)
Power Yoga, Tues./Thurs. 6pm-7pm
574-1780

South Louisville Community Center
2911 Taylor Boulevard (40208)
Group Fitness, Tues. 5pm-6pm and
Thursday 6pm-7pm
574-3206

Southwick Community Center
3621 Southern Avenue (40211)
Group Fitness, Tuesday 7pm-8pm
775-6598

Wilderness Road Senior Center
8111 Blue Lick Road (40219)
Sedentary Fitness
Monday/Wednesday 9am-9:30am
964-5151



Breastfeeding Classes

Call 574-5277 to reserve a space!



All classes are FREE! The gold standard of infant feeding. Learn how to be successful at breastfeeding. Dates and Times are subject to change. A reminder call/card will be sent out to remind attendees.

DIXIE HEALTH CENTER (English) 7219 Dixie Highway

Tuesday's – 2:00pm to 3:30pm – Feb 16, Mar 16, Apr 20
Call to Schedule Appointment – 744-1242 (Shannon)

NEIGHBORHOOD PLACE EAST (English) 810 Barret Ave.

Tuesday's 1:30pm to 3:00pm – Feb 2, Mar 2, Apr 6
Call to Schedule Appointment – 541-2569 (Jenell)

NEWBURG HEALTH CENTER (English) 4810 Exeter Avenue

Friday's – 3:00pm to 4:30pm – Feb 12, Mar 12, Apr 9
Call to Schedule Appointment – 544-3405 (Kallie)

NEWBURG HEALTH CENTER (Spanish) 4810 Exeter Ave.

Tuesday's – 11:00am to 12:30pm – Feb 16, Mar 16, Apr 20
Call to Schedule Appointment – 541-9935 (Susana)

BRIDGES OF HOPE NEIGHBORHOOD PL (English) 1411 Algonquin Parkway

Wednesday's – 10:30am to 12:00pm – Feb 17, Mar 17, Apr 21
Call to Schedule Appointment – 544-3405 (Kallie)

NEIGHBORHOOD PLACE SOUTH CENTRAL 4255 Hazelwood Avenue

Monday's (English) 5:00pm to 6:30pm – Feb 8, Mar 8, Apr 12
Call to Schedule Appointment – 744-1242 (Shannon)

L & N NEIGHBORHOOD PLACE (English) 908 West Broadway

Wednesday's – 1:30pm to 3:30pm – Feb 10, Mar 10, Apr 14
Call to Schedule Appointment – 541-2569 (Jenell)

MIDDLETOWN HEALTH CENTER (English) 200 Juneau Drive

Thursday's – 5:00pm to 6:30pm - Feb 11, Mar 11, Apr 8
Call to Schedule Appointment – 744-1284 (Renee)

FAMILY HEALTH CENTER FAIRDALE (English) 1000 Neighborhood Place

Wednesday's – 10:30am to 12:00pm – Feb 17, Mar 17, Apr 21
Call to Schedule Appointment – 744-1284 (Renee)

FAMILY HEALTH CENTER PORTLAND (English) 2215 Portland Avenue

Friday's – 2:30pm to 4:00pm – Feb 12, Mar 12, Apr 9
Call to Schedule Appointment – 551-4384 (Nina)

Community Evening Classes

BABIES R US - 4623 Shelbyville Road

Tuesday's 6:30pm to 8:30pm - Call for dates 896-9994 Ext. 4

Mammograms

BREAST CANCER SCREENING MAMMOGRAMS

By U of L Hospital, James Graham Brown Cancer Center

For women 40 yrs and older.

No cost to program eligible women without insurance. If you have insurance, Medicare, or Medicaid, U of L Hospital will bill that agency

Sponsored by: Louisville/Jefferson County Partnership in Cancer Control

Urban League of Louisville - February 6th

8:30am - 3:30pm - 1535 W. Broadway (40203)
Scheduling#: 594-4022 or 239-2846

Most Blessed Sacrament Church - February 11th

8:30am - 3:30pm - 3509 Taylor Blvd. (40215)
Scheduling#: 574-3918

Blessed Teresa of Calcutta Church - February 19th

8:30am - 3:30pm - 903 Fairdale Road (40118)
Scheduling#: 762-1410

Igleisa Cita con la Vida Church - February 20th

8:30am - 3:30pm - 7100 Preston Highway (40219)
Scheduling #: 852-6318

Jr. League/Kosair Charities Building - February 22nd

8:30am -3:30pm - 982 Eastern Parkway (40217)
Scheduling #: 852-6318

Jewish Community Center - March 11th/12th

8:30am – 3:30pm - 3600 Dutchmans Lane (40205)
Scheduling#: 459-0660 Ext. 149

Forest Tabernacle Baptist Church - March 13th

8:30am – 3:30pm - 4205 E. Indian Trail
Scheduling#: 852-6318

Green Castle Baptist Church - March 20th

8:30am – 3:30pm - 4907 Murphy Lane (40241)
Scheduling#: 228-7779

Crums Lane Elementary School - March 25th

8:30am-3:30pm - 3212 S. Crums Lane (40218)
Scheduling#: 485-3837

National College - March 30th

8:30am – 3:30pm - 4205 Dixie Highway
Scheduling#: 447-7634

Mobile Dental Services

Phone 574-6688 to make an appointment

Monday

Dixie Health Center

7219 Dixie Hwy. - 8:30 am to 4:30 pm

Wednesday

Dixie Health Center

7219 Dixie Hwy. - 8:30 am to 4:30 pm

Tuesday

Middletown Health Center

200 Juneau Dr. - 8:30 am to 4:30 pm

Thursday - Newburg

Community Center

4810 Exeter Ave. - 8:30 am to 4:30 pm

